

JCI MINAMINAGANO VERSUS COVID-19

18 GOALS TO PROTECT THE OUR MINAMINAGANO

<p>1 The hand washing carefully</p> 	<p>2 Do a gargle</p> 	<p>3 Sterilize a hand</p> 	<p>4 Take the nourishment and the sleep well</p> 	<p>5 Afraid of a risk definitely</p> 	<p>6 Keep moderate humidity</p> 
<p>7 Keep someone at arm's length</p> 	<p>8 Do ventilation diligently</p> 	<p>9 Information exactly</p> 	<p>10 Take good care of the elderly</p> 	<p>11 To move one's own body</p> 	<p>12 Do not discriminate</p> 
<p>13 Do not buy it up</p> 	<p>14 Hold the etiquette of the cough</p> 	<p>15 Support a local company</p> 	<p>16 Combating communicable diseases</p> 	<p>17 Think about another person</p> 	<p>18 No coronavirus</p> 